

BRANDMODELS

DARIUS

HAIR:

EYES:

HEIGHT:

CHEST:

WAIST:

HIPS:

DRESS:

SHOE:



Care for Medicare patients
just got stronger.

Health care made stronger.







optum
Sponsored

...



OPTUM[®]

Advancing the idea that your care
can be more about you.



Learn More











Improve your patients'
**CARDIAC HEALTH
OUTCOMES**

Movn Virtual Cardiac Rehab

Movn Health (Movn) provides the most widely deployed and clinically validated virtual cardiac rehab and prevention program available.

Movn manages member care from referral through delivery of care. We help members manage risk factors, such as exercise, nutrition, stress, smoking, blood pressure and cholesterol, using:

- Evidence-based guidelines
- Behavioral science
- Remote monitoring
- Personalized coaching

Movn helps members recover after a cardiac event, such as myocardial infarction, coronary artery bypass graft, stent, or stable heart failure.

 **MOVN HEALTH**

3.5M

US adults are eligible for postacute cardiac rehab each year

90%

Of those eligible do not complete cardiac rehab due to access barriers

40%

Readmission rate without cardiac rehab, 12-month average

\$35K

Average cost of hospital readmission

CRE

Cardiac rehab participation is now a HEDIS measure



To learn more: 1 (833) 426-6686 / movnhealth.com

Improve your **HEART HEALTH**

Movn Virtual Cardiac Rehab

Improve your fitness, heart health, and mental wellbeing. Movn Virtual Cardiac Rehab (Movn) is convenient and tailored to your needs.

Movn helps you learn healthy habits and track your progress. With Movn, you have a cardiac care manager to guide you and monitor your health.

- Increase your fitness
- Make smart food choices
- Manage your stress
- Gain skills to quit smoking
- Take your medications correctly



MOVN HEALTH

Contact us:

1 (833) 426-6686 / movnhealth.com













































